FOREST EMPEROR AND IRONWOOD



riginally known as Melkhoutskraal, the Grootvadersbosch Nature Reserve (GVB) encompasses 250 hectares of indigenous forest in the Langeberg region, close to Heidelberg. The name translates to "big father" in honour of Roelof Oelofse, who owned the land in 1723. GVB has only been a reserve since 1986 and was declared a World Heritage Site in 2004.

This is the most significant stretch of indigenous afromontane forest left in the south-western Cape, with nearly all of the 35 typical forest tree species including red alder, ironwood, stinkwood and yellowwood. Visitors to this beautiful reserve will relish the opportunity to get out into the forest on day walks and mountain biking trails. The reserve is an excellent birding destination with more than 196 bird species regularly spotted. Hikers are likely to bump into bushbuck and spot baboons and smaller mammals when out on the trails. Sighting the forest emperor butterfly and a subspecies of the rare ghost frog, would be the highlight of a visit here, as they can only be found in this particular forest.





GROOTVADERSBOSCH NATURE RESERVE

PROUDLY GREEN

FOR SCHOOL GROUPS - a copy of the programme, list of learners and indemnity forms to be given to the officer on duty







From Cape Town via N2

Proceed through Swellendam and Buffeljags River. Approximately 1km after the BP garage (on the right side), turn left at the Suurbraak/Barrydale signboard. Drive through the little town of Suurbraak. Continue on the tar road which will eventually become a gravel road. Go straight over the intersection, and continue until a T-junction. Turn left and continue along the gravel road. Keep left at the next fork in the road. Look out for the Grootvadersbosch direction signage. Do not turn off, as the road ends at the entrance gate to the reserve.

From George via N2

Two kilometres before Heidelberg (Engen Stop), turn right at the Barrydale – Tradouws Pass signboard. Continue with this road (R322) that leads through the town. Do not turn off into any street. Continue straight through with the R322. Continue through town and over a railway crossing. The R322 eventually becomes a gravel road. Approximately 4km from where the gravel road started, turn right at the Grootvadersbosch sign on the R322. Continue with this gravel road and keep left at a fork in the road. Look out for the Grootvadersbosch direction signage. Do not turn off as the road ends at the entrance gate to the reserve.

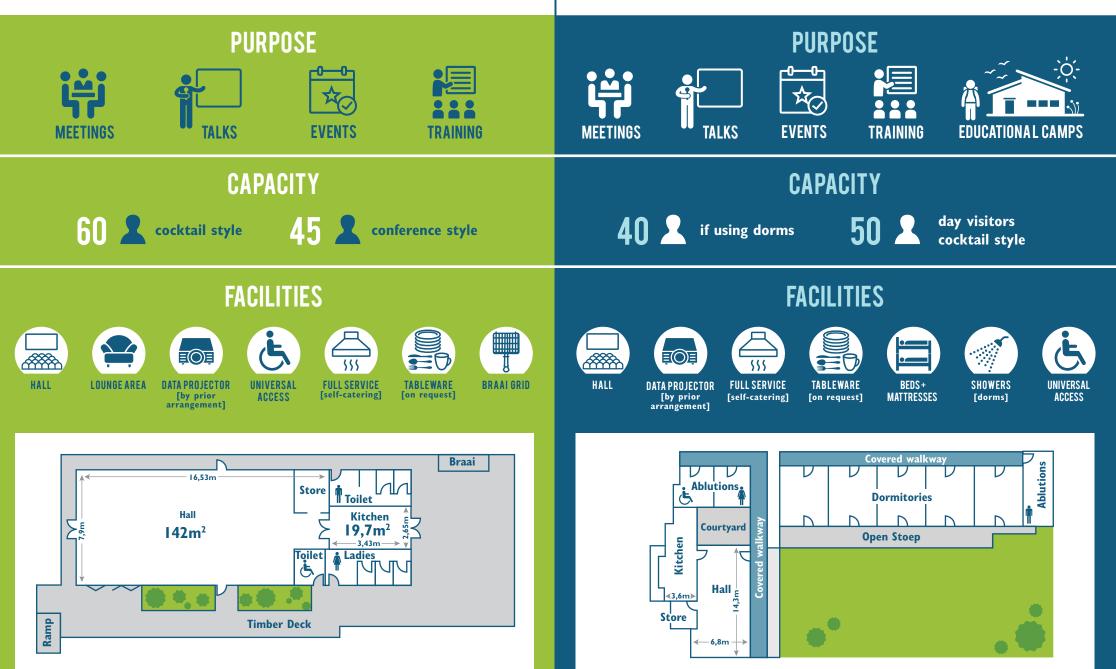


THERE IS NO SHOP ON THE RESERVE. FOOD, BEVERAGES AND OTHER PROVISIONS MUST BE BOUGHT BEFOREHAND.

FOREST EMPEROR ECO-VENUE

IRONWOOD ECO-VENUE

Booked with/without the use of adjacent dormitory accommodation



ACCOMMODATION ON SITE

Dormitory accommodation is also available at the Ironwood Eco-Venue





• Situated on the edge of the forest near the entrance of the reserve and the start of a day trail

Ix DOUBLE BED 2x DOUBLE **BUNKS**





FIREPLACE





BRAAI PLACE

SHOWERS

TOILET

• Private shower and flush toilet

• No fridge or cooking equipment

ELECTRICITY

SCULLERY

CUPBOARD

BRAAL PLACE

NO FRIDGE

EQUIPPED KITCHEN

LOUNGE

ECO-PROGRAMMES AVAILABLE ON REQUEST

Our approach to environmental education is based on active participation where learners are encouraged to learn about the environment through

discovery | questioning | problem solving | critical thinking



ENVIRONMENTAL EDUCATION PROGRAMMES

- At the Ironwood Eco-Venue, subject to availability
- Curriculum aligned programmes available on request
- Must be pre-arranged and booked prior to arrival
- Can be self-guided or facilitated

FACILITATED

- Programme run by CapeNature
- 7 days a week (Subject to availability)

SELF-FACILITATED

- Programme run by group organiser
- 7 days a week
- A recommended programme can be provided





DAY WALKS

- Bushbuck and Grysbok Trails
- From 10 15km

SWIMMING

- In the nearby Duiwenhoks River
- At the swimming pool at the cabins (not for the use of groups booked at the Ironwood Eco-Venue)



MOUNTAIN BIKING (BRING YOUR OWN BIKE)

- 6km cycle trail on the reserve
- Various MTB trails available on the adjacent Grootvadersbosch Conservancy Area (requires a permit, available from the Conservancy Office)



BIRD WATCHING

- 2 bird hides
- More than 196 bird species regularly spotted at the reserve



GROUPS NEED TO PROVIDE OWN TRANSPORT TO AND FROM ALL ACTIVITIES. PARTS OF THE RESERVE HAVE STEEP TERRAIN

CHECKLIST: WHAT TO BRING ALWAYS BRING THESE ITEMS

WALKING SHOES

SUN HAT

INDEMNITY **BOOKING CONFIRMATION** FOOD + DRINKS This is your entry permit **SIGNED INDEMNITY FORMS MATCHES EXTRA TOILET FIREWOOD** + FIRELIGHTERS **CHARCOAL** PAPER **SWIMMING COSTUME** (Cabin guests only) **FIELD DISHWASHING MEDICAL KIT** LIQUID **TOWELS** ÿ:

SUNSCREEN

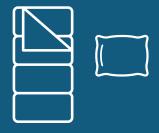
WATER V BOTTLE RAI

WARM JACKET/ RAINCOAT (Winter)

ALSO BRING THESE ITEMS IF STAYING OVERNIGHT AT THE IRONWOOD ECO-VENUE



PLATE, MUG, CUTLERY (unless requested directly from the reserve, prior to arrival)



SLEEPING BAG + PILLOW







PEN + NOTEBOOK



TORCH